

Preparing for Transition from Key Stage 4 to Key Stage 5

Subject

Health and Social Care

Qualification

BTEC Extended Diploma Health and Social Care

Recommended Reading materials

- *BTEC Level 3 National Health and Social Care: Book 1 – 9781292126012*
- *BTEC Level 3 National Health and Social Care: Book 2 – 9781292126029*
- *Having an awareness of current issues is always useful, especially for health and social care. Visit the websites below and look at the current issues:*
- <https://www.bbc.co.uk/news/health>
- <https://www.bbc.co.uk/news/education>

Recommended websites

- Visit the website below <https://www.jobs.nhs.uk/> to find information about the different careers available in health and social care.
- Have a look at this YouTube clip below about the rewards of working in health and social care.
- <https://www.youtube.com/watch?v=yRk8QXEtFbQ>

Preparation tasks

- Unit 1 – Human Lifespan Development
- This unit is one of the four units that will be externally assessed. By using the webpage below, investigate key features of growth and physical development at each life stage. There are also some exam questions to answer at the end of the booklet.
- <https://www.pearsonschoolsandcolleges.co.uk/EAndVocational/HealthAndSocialCare/BTEC/BTECNationalsHealthandSocialCare2016/Samples/Student-Book-1/BTEC-National-in-Health-and-Social-Care-Unit-01-web-ready.pdf>

Recommended research

- Unit 19- Nutritional Health is a unit you study in year 12. Research the dietary needs of different service user groups including: children, adults, older people, pregnant women and breastfeeding mothers.
- If you have a career path in mind do some research on what your next steps will be after college. Health and Social Care students go on to do degrees in a wide range of subjects at university.

Recommended trips or visits this summer

During the course you will be required to carry out two placements in order to achieve the course. Over the summer please investigate two settings you may like attend and ensure you have the settings name, address and number.

Tasks to complete

- Do some research into the topics mentioned above.
- Make sure you have any stationery you might need to start college: file, paper and pens etc.
- Think about any questions you may have for your enrolment interview or the start of the course.
- Develop your enthusiasm – you'll love the course!
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